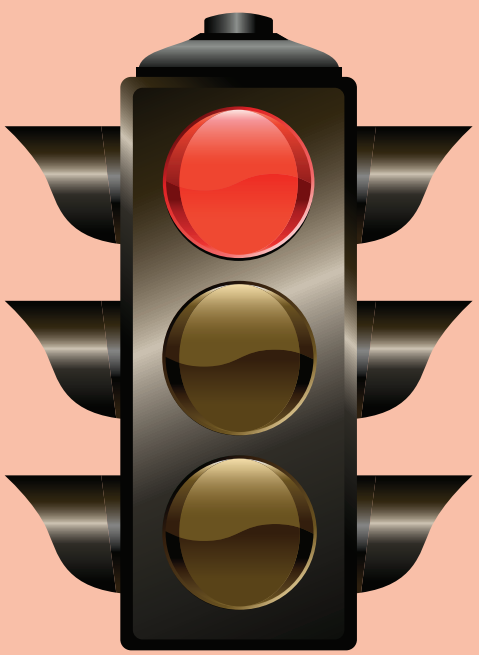


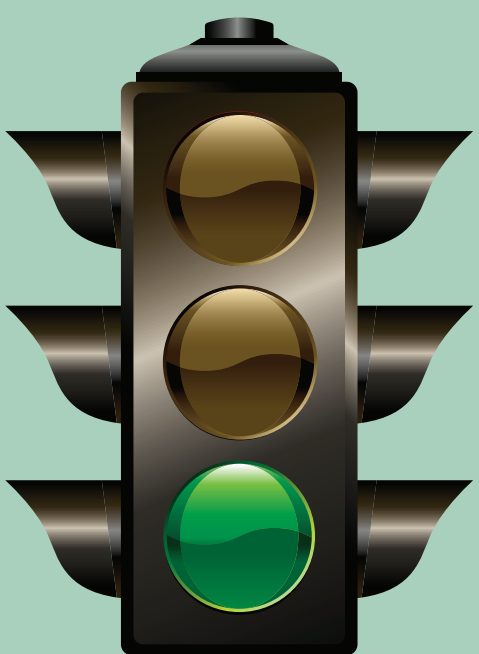
FLU ALERT

VISITOR RESTRICTIONS

For the health of the community as well as our patients, the following visitor restrictions are currently in place because of the flu:

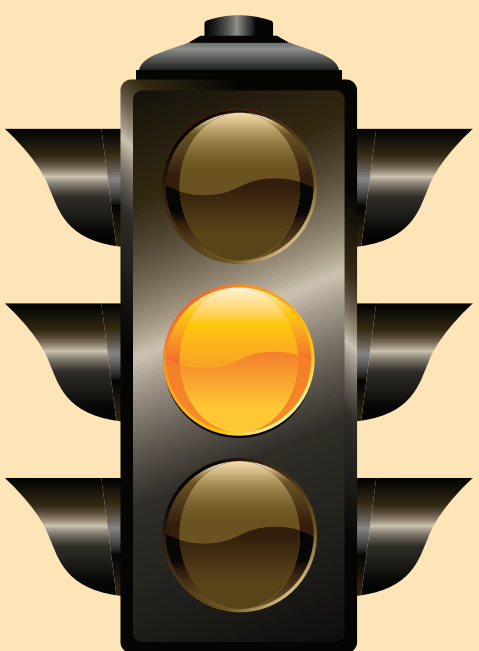


- People age 18 or younger are not permitted to visit. This age group has been found to be more susceptible to the flu, making it easier for them to catch the flu as well as transmit it.
- People with flu-like symptoms (fever, aches, sore throat, cough, etc.) are not permitted to visit. Also, it is suggested that people in poor health not visit as catching the flu could worsen their condition.



It's okay to visit if you are age 19 or older and healthy, but you should follow these guidelines:

- Visitors must wash their hands before and after visiting a patient. Please use soap and water, or an alcohol-based hand sanitizer (located throughout the hospital).
- Visitors should cough or sneeze into a tissue and then dispose of the tissue. Use your shirt sleeve if a tissue is not available.



Please be mindful of this other information as it relates to the flu:

- We ask that the number of visits and the length of visits be kept to a minimum. A good alternative for many patients is a telephone call. If you know your patient's room number, you may call directly by dialing 528 and the room # (ex. 528-9999). Or, you may dial our switchboard at 749-3411 and they can connect you.
- Visits to critically ill patients or pediatric patients should be extremely limited.
- It's possible that you may see hospital staff members wearing medical masks while caring for patients. This is to help protect our healthcare workers so that they remain available to care for our patients throughout the flu season.

Again, these restrictions are in place to protect our patients, our community and you. We appreciate your understanding and assistance as we work together to stop the spread of the flu.